

```
#include <stdio.h>

int main() {
    int hours, minutes, seconds;
    int totalSeconds;

    printf("Please input time in the following format hh:mm:ss\n");
    scanf("%d:%d:%d", &hours, &minutes, &seconds);

    totalSeconds = (hours * 360) + (minutes * 60) + seconds;
    printf("\n%02d:%02d:%02d is %d seconds\n", hours, minutes, seconds, totalSeconds);
    return 0;
}
```