Question #72008, Physics / Mechanics | Relativity

A metal ball of mass 0.5 kg is dropped from top of a vertical Clift of height 90 m. When it hits the beach below it penetrates to a depth of 6.0 cm calculate the average retarding force of the sand (neglect air resistance).

## Solution

The ball's kinetic energy right before it enters sand is equal to the reduction in its gravitational potential energy:

$$E_k = \Delta E_p = mgh$$

The retarding force is determined as the work done to bring the ball to complete stop per unit distance.

$$F = \frac{W}{d}$$

Since the work is equal to the change in the ball's kinetic energy,  $W = E_k$ , deriving equation for *F*.

$$F = \frac{mgh}{d};$$
  
$$F = \frac{0.5 \times 9.81 \times 90}{0.06} = 7357.5 \,\text{N} = 7.36 \,\text{kN}.$$

Answer: 7.36 kN

(if assumed g = 10, then F = 7.5 kN)