Question \#72008, Physics / Mechanics | Relativity
A metal ball of mass 0.5 kg is dropped from top of a vertical Clift of height 90 m . When it hits the beach below it penetrates to a depth of 6.0 cm calculate the average retarding force of the sand (neglect air resistance).

## Solution

The ball's kinetic energy right before it enters sand is equal to the reduction in its gravitational potential energy:
$E_{k}=\Delta E_{p}=m g h$
The retarding force is determined as the work done to bring the ball to complete stop per unit distance.

$$
F=\frac{W}{d}
$$

Since the work is equal to the change in the ball's kinetic energy, $W=E_{k}$, deriving equation for $F$.
$F=\frac{m g h}{d} ;$
$F=\frac{0.5 \times 9.81 \times 90}{0.06}=7357.5 \mathrm{~N}=7.36 \mathrm{kN}$.
Answer: 7.36 kN
(if assumed $g=10$, then $F=7.5 \mathrm{kN}$ )

