for 0.500 s? Express your answers in terms of the unit vectors i and j.

i- points in the positive x-axis direction, j- points in the positive y-axis direction.

$$F(t) = (\alpha t^{2})\vec{i} + (\beta + \gamma t)\vec{j} = m\vec{a} \to \vec{a} = \frac{(\alpha t^{2})\vec{i} + (\beta + \gamma t)\vec{j}}{m}$$
$$\vec{v} = \int_{0}^{T} \vec{a} dt = \int_{0}^{5} \frac{(\alpha t^{2})\vec{i} + (\beta + \gamma t)\vec{j}}{m} dt = \frac{1}{m} \left(\frac{\alpha 0.5^{3}}{3}\right) \vec{i} + \left(\beta 0.5 + \frac{\gamma 0.5^{2}}{2}\right) \vec{j}$$

i- points in the positive x-axis direction

$$v_i = \frac{1}{2} \cdot 25 \cdot \frac{0.0625}{3} = 0.26 \frac{m}{s}$$

$$v_j = 30 \cdot 0.5 + 5 \cdot \frac{0.25}{2} = 15.625 \frac{m}{s}$$