## Answer in Question \#55593

The fact that oscillating body completes one cycle in 2 seconds means oscillation period is 2 seconds.

Angular velocity is found:
$\omega=\frac{2 \pi}{T} ;$
$\omega=\frac{2 \cdot \pi}{2}=\pi \mathrm{rad} / \mathrm{s}$, which is approximately $3.14 \mathrm{rad} / \mathrm{s}$.

