Jesse (mass 60kg) is running at 20 km/hr. Find his kinetic energy. Solution:

Given:

m=60 kg

v=20 km/hr = 20 * 1000 (m)/3600 (sec) = 5.56 m/sec

Kinetic Energy:

$$E_c = \frac{mv^2}{2} = \frac{60 \cdot 5.56^2}{2} = 927.4 J$$

Answer: kinetic energy. 957.4 *J*

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