An object whose momentum is 200 kg-m/s has a kinetic energy of 1000J. What is its mass?

Solution

A kinetic energy of the object is defined by

$$K=\frac{mv^2}{2}.$$

where m – mass of the object and v – it's velocity.

A momentum of the object is defined by

$$P = mv$$
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We have a set of equations

$$\begin{cases} K = \frac{mv^2}{2} \\ P = mv \end{cases} \rightarrow \begin{cases} K = \frac{mv^2}{2} \\ v = \frac{P}{m} \end{cases} \rightarrow K = \frac{m}{2} \left(\frac{P}{m}\right)^2 = \frac{P^2}{2m}, \\ m = \frac{P^2}{2K} = \frac{200^2}{2 * 1000} = 20 \ kg. \end{cases}$$

Answer: 20 kg.