$$< V >= \frac{< S >}{< t >}$$

$S = S_1 + S_2 + S_3 -$ Total way

$S_1 = \frac{1}{3} Vt$

$S_2 = \frac{1}{3} 2Vt$

$S_3 = \frac{1}{3} 3Vt$

$t = t_1 + t_2 + t_3 \; - \; Total\ time$

ANSWER:

$$< V >= \frac{\frac{1}{3} Vt + \frac{1}{3} 2Vt + \frac{1}{3} 3Vt}{t} = \frac{\frac{1}{3} 6Vt}{t} = \frac{V}{2}$$