A body is thrown vertically upward such that it crosses the same height after 2 sec . and after 8 sec . What is the value of the mentioned height?
mentioned height equals:

$$
h=\frac{v_{0}^{2}-v_{1}^{2}}{2 g}
$$

where, $v_{0}$ - initial speed, $v_{1}$ - speed after 2 sec.
$v_{1}$ equals:

$$
v_{1}=v_{0}-g * t_{0}
$$

where, $t_{0}=2 \mathrm{sec}$
Therefore: $v_{0}=v_{1}+2 g$
In another side:

$$
2 v_{1}=g *\left(t_{1}-t_{0}\right)
$$

where $t_{1}=8 \mathrm{sec}$, therefore $v_{1}=3 g$

$$
v_{0}=v_{1}+2 g=3 g+2 g=5 g
$$

From first equation:

$$
h=\frac{v_{0}^{2}-v_{1}^{2}}{2 g}=g * \frac{5^{2}-3^{2}}{2}=80 \mathrm{~m}
$$

Answer: 80 m

