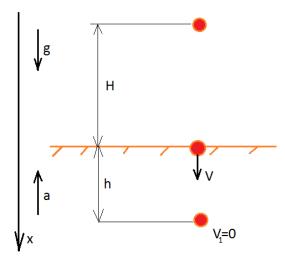
A ball is dropped from a height of 5 m onto a sandy floor and penetrates the sand up to 10 cm before coming to rest. Find the retardation of the ball in sand assuming it to be uniform.

Solution: In order to find retardation of ball in the sand, it is necessary to find the velocity that was before hit the sand. t1 - time that the ball flies before entering the sand, H (5m) – height from the sand surface, h (10 cm) – distance which ball covered in the sand before stop.

The equation of motion for the ball relative to the X-axis before entering the sand:



$$H = \frac{gt_1^2}{2}$$
; $(V_{start} = 0)$

$$t_1 = \sqrt{\frac{2H}{g}};$$

The rate equation for the ball before entering the sand:

$$V = gt_1 = \sqrt{2gH} (1)$$

The equation of speed after entering the sand:

 $0 = V - at_2$, $t_2 - time\ after\ which\ the\ ball\ stops\ completely$

$$t_2 = \frac{V}{a} = \frac{\sqrt{2gH}}{a} (2)$$

The equation of motion for the ball after entering the sand:

$$h = Vt_2 - \frac{at_2^2}{2} (3)$$
(1) and (2) to (3): $2h = 2\sqrt{2gH} \frac{\sqrt{2gH}}{a} - \frac{2gH}{a};$

$$2h = \frac{2gH}{a};$$

$$a = \frac{gH}{h}.$$

Substitute the numerical values:

$$a = \frac{9.8 \frac{m}{sec^2} * 5 m}{0.1 m} = 490 \frac{m}{sec^2}.$$

Answer: $490 \frac{m}{sec^2}$.