

Question#19151

An 80 kg man climbs a 50 m-high hill in 20 minutes. What is the average power in watts he expends climbing the hill?

Solution:

Let:

$$m = 50 \text{ kg}$$

$$H = 50 \text{ m}$$

$$t = 20 \text{ min} = 1200 \text{ sec}$$

$$W - ?$$

$$W = \frac{A}{t}, \text{ where } A - \text{ the done work}$$

Such as the done work is equal to change a potential energy:

$$A = \Delta E_p = mgH, g=9,8 \text{ m/s}^2$$

$$W = \frac{mgH}{t}$$

$$W = \frac{50 \cdot 9,8 \cdot 50}{1200} = 20.42 \text{ watt}$$

Answer: 20,42 watt.