

a)

From central Limit Theorem $P(x < 140) = P\left(\frac{x-144}{16} < \frac{140-144}{16}\right) = P\left(\frac{x-144}{16} < -0.25\right)$ is equivalent to $F(z < -0.25)$
where $z \sim N(0,1)$

From table $F(-0.25) = 0.4013$

Ans 0.4013

b)

From central Limit Theorem $P(x > 156) = P\left(\frac{x-144}{16} > \frac{156-144}{16}\right) = P\left(\frac{x-144}{16} > 0.75\right)$ is equivalent to $F(z > 0.75)$
where $z \sim N(0,1)$

$F(z > 0.75) = 1 - F(z < 0.75) = 1 - 0.7734 = 0.2266$

Ans 0.2266