

$$2 \cot x = 1$$

$$\cot x = \frac{1}{2}$$

$$\sin x - 3\cos x - 2\sin x - \cos x =$$

$$-\sin x - 4\cos x =$$

$$(-1 - 4\cot x) \sin x =$$

$$-3 \sin x$$

$$1 + \cot^2 x = \frac{1}{\sin^2 x}$$

$$\sin^2 x = \frac{1}{1 + \frac{1}{4}}$$

$$\sin^2 x = \frac{4}{5}$$

$$\sin x = \frac{2}{\sqrt{5}}$$

$$\text{Answer: } \frac{-6}{\sqrt{5}}$$