

Answer on Question #51630 – Math – Integral Calculus

Question

What is the integration of $1/[\{\sin x\}^4 + \{\cos x\}^4]$?

Solution

Method 1

$$\begin{aligned} \int \frac{1}{\sin^4 x + \cos^4 x} dx &= \int \frac{1}{\sin^4 x + \cos^4 x} dx = \int \frac{1}{\cos^4 x \left(\frac{\sin^4 x}{\cos^4 x} + 1 \right)} dx = \int \frac{1}{\cos^2 x (\tan^4 x + 1) \cos^2 x} dx = \\ &= \int \frac{1}{\cos^2 x (\tan^4 x + 1) \cos^2 x} dx = \int (\tan^2 x + 1) \frac{1}{\tan^4 x + 1} d \tan x = |t = \tan x| = \int \frac{(t^2 + 1)}{t^4 + 1} dt = \\ &= \int \frac{(t^2 + 1)}{t^4 + 1} dt = \int \frac{t^2 + 1}{(t^4 + 2t^2 + 1 - 2t^2)} dt = \int \frac{t^2 + 1}{(t^2 + 1 - t\sqrt{2})(t^2 + 1 + t\sqrt{2})} dt \\ \frac{t^2 + 1}{(t^2 - t\sqrt{2} + 1)(t^2 + t\sqrt{2} + 1)} &= \frac{At + B}{t^2 - t\sqrt{2} + 1} + \frac{Ct + D}{t^2 + t\sqrt{2} + 1} = \frac{At^3 + Bt^2 + At^2\sqrt{2} + Bt\sqrt{2} + At + B}{(t^2 - t\sqrt{2} + 1)(t^2 + t\sqrt{2} + 1)} + \\ &+ \frac{Ct^3 + Dt^2 - Ct^2\sqrt{2} - Dt\sqrt{2} + Ct + D}{(t^2 - t\sqrt{2} + 1)(t^2 + t\sqrt{2} + 1)} = \\ &= \frac{(A + C)t^3 + (B + D)t^2 + (A - C)t^2\sqrt{2} + (B - D)t\sqrt{2} + (A + C)t + B + D}{(t^2 - t\sqrt{2} + 1)(t^2 + t\sqrt{2} + 1)}, \end{aligned}$$

$A + C = 0, B + D = 1, A - C = 0, B - D = 0$, hence

$$\begin{cases} A + C = 0 \\ A - C = 0 \end{cases}, \text{ which gives } \begin{cases} 2A = 0 \\ A = C \end{cases}, \text{ so } A = C = 0$$

$$\begin{cases} B + D = 1 \\ B = D \end{cases}, \text{ which gives } 2B = 1, B = D, \text{ so } B = D = \frac{1}{2}$$

obtain

$$\begin{aligned} \frac{t^2 + 1}{(t^2 - t\sqrt{2} + 1)(t^2 + t\sqrt{2} + 1)} &= \frac{1}{2(t^2 - t\sqrt{2} + 1)} + \frac{1}{2(t^2 + t\sqrt{2} + 1)} = \\ &= \frac{1}{2 \left(\left(t - \frac{\sqrt{2}}{2} \right)^2 + \frac{1}{2} \right)} + \frac{1}{2 \left(\left(t + \frac{\sqrt{2}}{2} \right)^2 + \frac{1}{2} \right)} \end{aligned}$$

$$\int \frac{t^2 + 1}{(t^2 + 1 - t\sqrt{2})(t^2 + 1 + t\sqrt{2})} dt = \frac{1}{2} \int \frac{dt}{\left(\left(t - \frac{\sqrt{2}}{2}\right)^2 + \frac{1}{2}\right)} + \frac{1}{2} \int \frac{dt}{\left(\left(t + \frac{\sqrt{2}}{2}\right)^2 + \frac{1}{2}\right)} =$$

$$= \frac{\sqrt{2}}{2} \arctan \frac{t - \frac{\sqrt{2}}{2}}{\frac{1}{\sqrt{2}}} + \frac{\sqrt{2}}{2} \arctan \frac{t + \frac{\sqrt{2}}{2}}{\frac{1}{\sqrt{2}}} + c = \frac{\sqrt{2}}{2} \arctan(t\sqrt{2} - 1) + \frac{\sqrt{2}}{2} \arctan(t\sqrt{2} + 1) + c =$$

$$= \frac{\sqrt{2}}{2} \arctan(\sqrt{2} \tan x - 1) + \frac{\sqrt{2}}{2} \arctan(\sqrt{2} \tan x + 1) + c,$$

where arctan is the inverse of tan function, c is an arbitrary real constant.

Method 2

$$\sin^4 x + \cos^4 x = (\sin^2 x + \cos^2 x)^2 - 2\sin^2 x \cos^2 x = 1 - 2\sin^2 x \cos^2 x = 1 - \frac{1}{2} \sin^2 2x =$$

$$= \left(1 + \frac{\sqrt{2}}{2} \sin 2x\right) \left(1 - \frac{\sqrt{2}}{2} \sin 2x\right)$$

$$\int \frac{1}{\sin^4 x + \cos^4 x} dx = \int \frac{1}{\left(1 + \frac{\sqrt{2}}{2} \sin 2x\right) \left(1 - \frac{\sqrt{2}}{2} \sin 2x\right)} dx = \frac{1}{2} \left[\int \frac{1}{1 + \frac{\sqrt{2}}{2} \sin 2x} dx + \int \frac{1}{1 - \frac{\sqrt{2}}{2} \sin 2x} dx \right]$$

$$\sin 2x = 2 \sin x \cos x = \frac{2 \sin x}{\cos x} \cos^2 x = \frac{2 \tan x}{\frac{1}{\cos^2 x}} = \frac{2 \tan x}{1 + \tan^2 x} = [t = \tan x] = \frac{2t}{1 + t^2}$$

$$dt = d(\tan x) = \frac{1}{\cos^2 x} dx = (1 + t^2) dx \Rightarrow dx = \frac{dt}{1 + t^2}$$

$$\frac{1}{2} \left[\int \frac{1}{1 + \frac{\sqrt{2}}{2} \sin 2x} dx + \int \frac{1}{1 - \frac{\sqrt{2}}{2} \sin 2x} dx \right] = \frac{1}{2} \left[\int \frac{\frac{dt}{1 + t^2}}{1 + \frac{\sqrt{2}}{2} \left(\frac{2t}{1 + t^2}\right)} + \int \frac{\frac{dt}{1 + t^2}}{1 - \frac{\sqrt{2}}{2} \left(\frac{2t}{1 + t^2}\right)} \right] =$$

$$= \frac{1}{2} \left[\int \frac{dt}{1 + t^2 + \sqrt{2}t} + \int \frac{dt}{1 + t^2 - \sqrt{2}t} \right] = \frac{1}{2} \left[\int \frac{dt}{\left(t + \frac{1}{\sqrt{2}}\right)^2 + \frac{1}{2}} + \int \frac{dt}{\left(t - \frac{1}{\sqrt{2}}\right)^2 + \frac{1}{2}} \right] =$$

$$= \frac{1}{2} \left[\int \frac{2dt}{(\sqrt{2}t + 1)^2 + 1} + \int \frac{2dt}{(\sqrt{2}t - 1)^2 + 1} \right] = \frac{1}{\sqrt{2}} (\arctan(\sqrt{2} \tan x + 1) + \arctan(\sqrt{2} \tan x - 1))$$

$$\text{So } \int \frac{1}{\sin^4 x + \cos^4 x} dx = \frac{1}{\sqrt{2}} (\arctan(\sqrt{2} \tan x + 1) + \arctan(\sqrt{2} \tan x - 1)) + c,$$

where arctan is the inverse of tan function, c is an arbitrary real constant.