Answer on Question#40159 - Math – Linear Algebra:

Let (V,<,>) be an inner product space over $\mathbb C$ and T belongs to (V) . Prove that if

 $\forall x, y \in V: \langle Tx, Ty \rangle = \langle x, y \rangle$, then T is unitary.

Solution.

We need to prove that $T^*T = I$, where T^* is an adjoin operator, and I is an identity operator.

$$\forall x, y \in V : (x, y) = (Tx, Ty) = (x, T^*Ty) \Rightarrow \forall x, y \in V : (x, T^*Ty - y) = 0 \Rightarrow$$
$$\Rightarrow \forall y \in V : T^*Ty - y = 0 \Rightarrow \forall y \in V : T^*Ty = y \Rightarrow T^*T = I.$$