Say $\mathrm{C} G \sim \mathrm{M}_{n 1}(\mathrm{C}) \times \cdots \times \mathrm{M}_{n r}(\mathrm{C})$, with $n_{1}=1$. Then $n_{1}^{2}+\ldots+n_{r}^{2}=|G|=p^{2}$.
But, each $n_{i} \mid p^{2}$. This clearly implies that each $n_{i}=1$. In particular, $\mathrm{C} G \sim \mathrm{C} \times \cdots \times \mathrm{C}$, so $G$ is abelian.

