

We will prove it by induction:

1. When $n = 0$: $(2 \cdot 0 + 1)^2 = 1 = \frac{(0+1)(2 \cdot 0 + 1)(2 \cdot 0 + 3)}{3} \Rightarrow True.$

2. Let take that if $n = k$ then the given formula is also true. Then we will have:

$$n = k : \sum_{n=0}^k (2 \cdot n + 1)^2 = \frac{(k+1)(2 \cdot k + 1)(2 \cdot k + 3)}{3} \Rightarrow True.$$

3. Let show that if $n = k + 1$ the formula is true too:

$$\begin{aligned} n = k + 1 : \sum_{n=0}^{k+1} (2 \cdot n + 1)^2 &= \sum_{n=0}^k (2 \cdot n + 1)^2 + (2 \cdot k + 3)^2 = \\ &= \frac{(k+1)(2 \cdot k + 1)(2 \cdot k + 3)}{3} + (2 \cdot k + 3)^2 = \frac{(2 \cdot k + 3)(2k^2 + 3k + 1 + 6k + 9)}{3} = \\ &= \frac{(2 \cdot k + 3)(2k^2 + 9k + 10)}{3} = \frac{(2 \cdot k + 3)(2 \cdot k + 5)(k + 2)}{3} \Rightarrow True. \end{aligned}$$

So, we proved that this formula is true for every nonnegative integer n .

Answer: Proved.