

$$I = (x^2 + 1)$$

$$\mathbb{Z}_4[x]/I = \{ax + b + I \mid a, b \in \mathbb{Z}_4\}$$

$$G = U(\mathbb{Z}_4[x]/I) = \{1 + I, 3 + I, 2x + 1 + I, 2x + 3 + I, x + I, x + 2 + I, 3x + I, 3x + 2 + I\}$$