

If you know density and volume is given too, you can find mass of substance. It is the first thing you should do in the task like this:

$$m = d * V$$

$$m = 1.54 * 575 = 885.5 \text{ g}$$

Now, you need to use Avogadro constant. In chemistry and physics, the Avogadro constant (symbols: L , N_A) is defined as the number of constituent particles (usually atoms or molecules) in one mole of a given substance. It has dimensions of reciprocal mol and its value is equal to $6.022 * 10^{23} \text{ mol}^{-1}$.

As you can see, you also need amount:

$n = m/M_w$, where M_w is molecular weight, for glucose it is 180.

$$n = 885.5 / 180 = 4.92 \text{ mol}$$

So, $N = N_A * n$ (N is number of molecules)

$$N = 6.022 * 10^{23} * 4.92 = \mathbf{2.962 * 10^{24} \text{ molecules}}$$