Task:

List three other essential amino acids.

Answer:

The essential amino acids are the amino acids that the body cannot synthesize on its own. They must be supplied in the diet.

There are 9 essential amino acids: histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine

Histidine	N OH NH ₂
Isoleucine	H ₃ C OH NH ₂
Lysine	+NH ₃ H ₃ N - O